

MANCHESTER

CADET INTERNATIONAL TOURNAMENT

Special Invitation For a pre -competition training

Date: 25th -28th September 2019

Cost £130

Purpose of the event is to make the long journey more valuable for fencing vice. We are offering a 2 and a half days organised training programme together with talented worldwide young fencers and their coaches. Our lead Fencing Coaches Giuseppe Pierucci and Robert Kiss would have an opportunity to coordinate and offer technical, tactical advice alongside our strength and conditioning Coach Luca Malvassori who will provide pre competition fitness training.

Never too late to learn or practice.

Program:

During the main training session

Fencing:

- Footwork and blade work
- Free fencing
- Italian coaches offering short one to one lesson - for extra cost

S&C:

- Specific warm up
- Plyometric and explosive strength training
- Functional mobility

Date	Time	Programme/Offer
24 th September	All day, any time arrival	
25 th September	9am-11.30am Lunch Break 1.00pm-4.00pm	Fencing /Fitness
26 th September	9am-11.30am Lunch Break 1.00pm-4.00pm	Fencing /Fitness
27 th September	9.00am-11.30am	Fencing /Fitness
28 th September	COMPETITION	

We can offer practical travel and accommodation advice and bespoke support on request. For your athlete's best comfort you might be able to book only the **Premier Inn Bolton Stadium/Arena**. In case of enough interest we can help you to organise transport between the training venue and your accommodation for a little extra cost.



Quality and Performance when it counts



Proud to Sponsor Fencing in the North-West

Address: 53, Ramsey Grove Bury Lancashire BL8 2RE

(0)7887968117



44

Email: robertandnatalia@gmail.com

www.manchestercadet.org.uk

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Training event

The pre competition training will take place in Oldham Greater Manchester



Training venue: The Manchester Fencing Centre

Address: Waddington Street, Chadderton OL9 6QH

The hotel for the training event is within a 10 minute walk (or 3 minutes by car) of the training venue.



Training hotel: Hotel Premier Inn Oldham Central

Address: Westwood Leisure Park, Westwood Way, Chadderton Way OL1 2NA

The competition

The competition will take place in Bolton town



Manchester Cadet European Circuit Venue BOLTON ARENA

Address: Arena Approach, Horwich, Bolton BL6 6LB

The hotel for the competition is within a 1 minute walk of the competition venue.

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Competition Hotel: Premier Inn Bolton Stadium/Arena
Address: Arena Approach 3, Horwich, Bolton BL6 6LB



BOOKING FORM

Country/Federation				
Club				
Main Contact Person				
Email address				
Mobile/cell number				
TOTAL PAYMENT		£ _____		
Bank Transfers : 15 % deposit, Rest of cost on your arrival by cash.		Bank: Barclays Bank UK PLC. Club Name: NORTH WEST SQUAD CLUB Sort code: 20-16-08 Acc. Numb: 40563447 SWIFTBIC: BUKBGB22 IBAN: GB69BUKB20160840563447		
	Male	Female	Name of fencers	Age
1				
2				
3				
4				
5				

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6				
7				
8				
9				
10				
Official				
Official				
Please use a second form in case you arrive more than 10 fencers!				

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EFC Manchester Cadet Circuit Event

28th September 2019

Invitation



Dear Colleagues,

We have great pleasure in inviting you to the Manchester Cadet Foil Tournament to be held on 28th September 2019 in the Bolton Arena.

The first foil competition of the season in the EFC circuit Manchester Cadet International provides an excellent opportunity for young cadet fencers to take part in an outstanding competition. The early date will allow young fencers to gain an understanding of the high standards of cadet fencing in a supportive atmosphere.

Please read more details about the full programme and regulations on the following pages.

We will be delighted to see you and thank you for travelling from locations both near and far to join us for this event. Your country, club and your personal participation in this competition is valuable.

To download additional information, materials from this event, go to www.manchestercadet.org.uk or please look for us on the EFC (European Fencing Confederation) website (Cadet Tournaments link).

Yours sincerely,

Natalia Gyuricska
Competition Organiser

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EVENT INFORMATION

Competition is a One Day Event!

Weapon

Men's and Women's FOIL

Eligibility

Cadet boys and girls born on January 1st, 2003 or later. Fencers should be at least 12 on or after January 1st, 2020 (it may be possible for an extraordinarily advanced younger fencer to participate, upon the written agreement of his/her parents, coach and doctor's recommendation).

Competitors from outside the UK should enter via their national federations.

All competitors must hold a valid EFC license - this should be applied for through your national federation.

Date 28th September 2019

Men's Foil last check in	8.30 am
Women's Foil Last check in	10.00 am
One round of pools and direct elimination to the final	7.00 pm

Organisation

Salle Kiss fencing Club Ltd and British Fencing Association

Competition Organisers

Natalia Gyuricska 00 44 7887968117
Robert Kiss 00 44 7765395016
Email robertandnatalia@gmail.com

Address

BOLTON ARENA - Arena Approach, Horwich, Bolton BL6 6LB

Travel

Nearest Airport: Manchester Airport (23 miles/37km)
Nearest Train Station: Horwich Parkway (100m)

Where to Stay

Premier Inn (Stadium) Premier Inn (Bolton West), Bolton Whites Hotel, Mercue Hotel, Ingleside House B&B, The Mercury The Britannia

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44